Day Procedure Unit

The Calderdale Royal Hospital

Local Anaesthetic

This leaflet contains very important information, please read the entire form. Your operation may be cancelled if you do not follow the instructions.

Arrangements have been made for you to be admitted to the Calderdale Royal Hospital, Salterhebble, Halifax HX3 0PW

Please report directly to the Day Procedure Unit, Area 3, 3rd Floor.

On arrival you will be required to take a temperature test and wear a surgical face mask for your own safety and that of others.

Getting ready for your visit to hospital

- You may eat and drink as normal prior to your admission.
- Please have a bath or shower before your procedure.
- Contact lenses must be removed before surgery.
- Please bring any medicines, pills or inhalers you are currently taking. This includes any diabetic equipment. (Inhalers even if not used in a while).
- Please take medication as usual unless advised to stop by the consultant.
- Remove all jewellery (including body piercings). Wedding rings are acceptable providing your hand is not being operated on.
- Please remove all nail varnish from hands and feet. False nails and make up should not be worn.
- It is essential you have a supply of pain relief medication at home for after your procedure.
- If you are having surgery to a lower limb do not wear tight trousers or high heels on your admission day.
- You must not travel to the hospital by public transport, ie bus, you will need a friend/relative from your “home bubble” to bring you in. If you do have to come in a taxi please ensure that you sit in the back and wear a mask.
- Please do not bring large bags as the lockers provided are small and also do not bring valuables into the hospital as we cannot be held responsible for them.

You will be contacted and arrangements will be made for you to attend the pre-operative assessment unit within 72hours/48hours of your procedure for a covid-19 swab test. This must be done prior to any new elective admission.

compassionate care

You may also receive a phone call in the 48 hours prior to your admission to ensure there have been no changes and to confirm your details, if we are unable to contact you a message will be left please ensure you reply.

You must contact the Day Procedure Unit if you develop a cough or a cold, vomiting or diarrhoea or any skin or wound infections in the week prior to your surgery. Any symptoms of covid-19 – a new cough, continuous dry cough, a high temperature and a loss of or change in sense of smell (anosmia).

If you change your mind and decide you do not want your operation or that your symptoms have disappeared please let us know as soon as possible so that we may offer your place to another patient. If you do not let us know then a valuable operation slot is wasted.

On the day of your admission

Please report to The Day Procedure Unit reception desk. The nurse allocated to look after you will explain to you what will happen during your stay in hospital.

Please refer to the additional information given to you relating to your procedure.

Please be aware: Although your admission time is 7am, 12noon, or 4pm you may not have your operation until later in the morning, afternoon or evening.

Relatives will not be allowed on the unit to stay (unless under special circumstances).

- Bring something to read whilst you wait for your procedure.
- There are no facilities on the unit for relatives to stay with you, unless under exceptional circumstances.
- The nurse allocated to look after you will check your admission details, check your blood pressure and pulse, and show you to the pre-operative waiting area.
- Please have ready contact telephone numbers for next of kin/emergency contact. Mobiles can be used on the unit.
- You will see a surgeon before your procedure.
- You may be asked to change into a gown shortly before your procedure and will be shown to a smaller waiting area.
- A healthcare professional will then escort you to the operating theatre where you will have your procedure as planned.

What to expect after your procedure

- You will recover from your procedure either on a trolley or in a reclining chair. Here, the nurse will check your blood pressure, pulse and wound. (If applicable)
- You may eat and drink as soon as you feel like it.
- Following certain procedures you should not drive yourself home or use public transport.
- When staff are happy that you are fit to go home, you may arrange to be picked up from the unit.
- You must not fly on an aeroplane for 6 weeks after lower limb surgery.
- You will be given a copy of the letter we send to your GP and advice about your procedure.
- You may be given some medication to take at home
- If you have stitches or dressings, you will need to make arrangements for them to be removed or changed by a district/practice nurse.
- You may need an outpatient's appointment which should be posted out.

Important - Having day surgery means that you complete your recovery at home instead of in hospital. It is therefore important that you follow the advice given by the doctor or nurse.

If you are not sure about anything on this leaflet please call:
The Day Procedure Unit 01422 223748 / 01422 223749 9.00am to 5.00pm

Your opinion matters

One of the ways we try to improve the service is by listening to feedback from patients and relatives. We would be very grateful if you would fill in a feedback form.

If you have any comments about this leaflet or the service you have received you can contact :

The Day Procedure Unit,
The Calderdale Royal Hospital,
Halifax, HX3 0PW

Tel: 01422 223918

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਜੇ ਤੁਸੀਂ ਇਸ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪਾਰੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو
براہِ مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم المذكور أعلاه"