Medical Termination

Information for Clients Staying in Hospital

The doctor and nurse will have already explained to you how the medication works and what to expect during the course of the treatment. This information leaflet is for you to keep and read. We will be happy to answer any questions you may have.

How does it work?

The **Mifepristone** tablets (by mouth) work by blocking the action of progesterone, a hormone needed in pregnancy; this is used with **Misoprostol** tablets which are administered after 48 hours vaginally and then 3 hour orally. This cause the cervix to soften and the womb to contract. You can eat and drink normally throughout treatment.

Is it safe?

Many women worldwide have used this treatment and is has proved to have a good safety record. However, there are some known risks or complications which are discussed below.

Bleeding

There is a small risk of bleeding during the two days between taking the first tablet and your visit to hospital. If this is heavy and you are worried please do not hesitate to ring.

Telephone on 01422 224415/224416 (Out of Hours)
or Gynae Assessment Unit on 01422 224979 (Monday - Sunday)

compassionate care

Response to the tablet

Contraction of the womb caused by the tablet varies in each woman. It is impossible to say exactly how long the procedure may last. In a very few number of women the womb does not contract strongly enough to bring away the pregnancy, if this happens, the doctor or nurse will discuss other procedures with you.

Sensitivity to the tablet

The tablet may cause sickness and diarrhoea however this is usually minor.

Emotional after effects

Having a termination is not an easy decision to make; each woman will have different feelings depending on their circumstances and experiences. Most women experience weepy spells over the first two days following the termination. This is because of the change in hormones. If you are worried about these feelings you may benefit from taking health care professional.

Retained products

Part of the pregnancy, usually the membrane maybe left behind in the womb after the procedure. Very rarely it is possible for the pregnancy to survive and continue.

On your first visit to the Calderdale Royal Hospital

You would have had a telephone consultation with the doctor to discuss the treatment options, consent for the procedure, contraception consultation, the day before of your hospital visit.
You will have been offered an ultrasound scan.

The nurse will complete the appropriate documentation and explain the full procedure and go through the consent form with you for your signature.

A vaginal self-swab will be offered to test for Chlamydia and Gonorrhoea and offer the blood test for HIV and syphilis screening test.

A date and time will be given to start the second half of the treatment in the hospital.

On your first visit you will be given Mifepristone tablet orally after the ultrasound scan if you decide to go ahead. The second visit will be 48 hours later at Calderdale Royal Hospital. Misoprostol tablets will be inserted vaginally and then orally every 3 hours until the treatment has been completed. If required ask staff for pain relief. The procedure should be complete within the same day; however, if this does not happen the treatment will be repeated again the next day and you will need to stay overnight. Chosen method of contraception will be given on discharge.

Before you take the first tablet (Mifepristone), you should be prepared to go through the full regime. You cannot change your mind once you have taken this first tablet.

The procedure will be carried out at

Calderdale Royal Hospital.
Gynae Assement Unit (GAU)

First Visit - in clinic for ultrasound scan and first part of the treatment

Date Time

Sometimes the Mifepristone tablet can cause vomiting. If this occurs within one hour you should return for another tablet.

Second Visit - in the ward for stay in for the day 8am - 6pm

Date Time

What to bring with you

- Any current medication
- Sanitary towels
- Do not bring valuables
- Please do not bring children
- Spare underwear required
- Nighwear / confortable clothing / slipper / toileteries.

Do not bring valuables

- A relative/partner/friend may stay.
- Please do not bring children.

Admission day

It is important to keep mobile. The drugs may cause some women to feel sick, have diarrhoea, cramps, period type pains and increased bleeding throughout the treatment. This is normal. Once you are discharged home, your pain should settle within a few hours. Your bleeding should return to a normal period type within 7 – 14 days.

Throughout the procedure the nurse will provide you with pain relief to ease any discomfort if required.

Paracetamol, Codeine, Ibuprofen can be used for pain relief.

- No sex for 4 weeks after the procedure to avoid infection is advisable.
- Do not use St Johns Wort, drink grapefruit juice or alcohol until 48 hours after the procedure.

If you have any concerns please contact:

Calderdale Royal Hospital
Salterhebble
Halifax
HX3 0PW

Telephone GAU on 01422 224979
Monday - Sunday

- Your own GP.
- Broad Street Sexual Health Centre - 01422 261370

If you have any comments about this leaflet or the service you have received you can contact :

Secretary to Consultant Gynaecologist
Heatherdale Clinic Gynae Assessment Unit
Calderdale Royal Hospital

Telephone No: 01422 224979

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obrat'te se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z www. danych kontaktowych

ਜੇ ਤੁਸੀਂ ਇਸ ਜਾਣਕਾਰੀ ਬਿਸੇ ਚੋਜ ਪ੍ਰਾਰੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو ی معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو
براۓ مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

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