NHS
Calderdale and Huddersfield
NHS Foundation Trust

MRSA Suppression Treatment Application

How to use Nasal Cream and Body Wash 10 day course

Patient Instructions

1 **Wash your hands with soap and water before and after using the treatment**



2 **Body Wash**

Use once a day for 5 days.

Wet skin and apply the undiluted body wash to the whole body using your hands or a clean cloth.

Wash thoroughly, especially the armpits and groin, leave for 2 minutes and then rinse and dry.

Avoid contact with eyes and do not use internally.

Wash your hair with the body wash once during the five days.



3 **Nasal Cream**

Apply four times a day for ten days.

Using clean hands, apply a match head sized blob of cream onto your little finger and apply it to the inside of each nostril.

4

Change your clothing (day and night wear), towels, pillowcases and sheets daily during the five day course.

If you go home with the treatment try to continue with this until you have completed it, if you are able to do so.



5

Product	When to apply	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10
Body Wash for 5 days	Daily						X	X	X	X	X
Nasal Cream for 10 days	Morning										
	Lunchtime										
	Tea Time										
	Bed Time										

Use this chart to help make sure you complete the course.



compassionate care

If you have any comments about the service you have received you can contact:

the ward or department that issued the treatment on

_____

or if you have any comments about this leaflet you can contact :

The Infection Prevention Control Team
Calderdale Royal Hospital
Telephone No: 01422 222376

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z www. danych kontaktowych

ਜੇ ਤੁਸੀਂ ਇਸ ਜਾਣਕਾਰੀ ਬਿਸੇ ਚੋਜ ਪ੍ਰਾਰੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,
ਤਾਂ ਬਿਜਪਾ ਬਜਬੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کوئی معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو
براہِ مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم المذكور أعلاه"

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