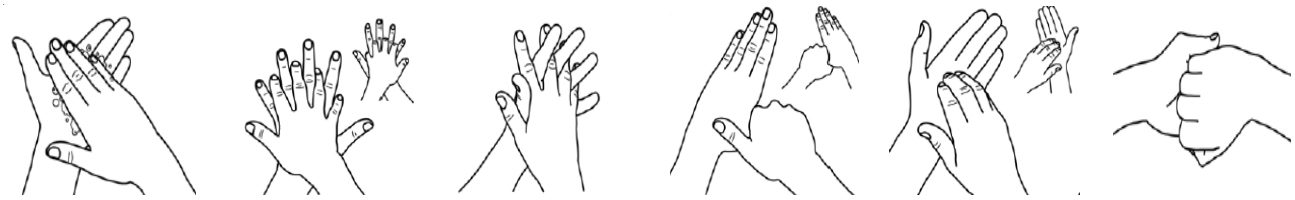
NHS
Calderdale and Huddersfield
NHS Foundation Trust

MRSA Suppression Treatment Application

How to use Nasal Ointment and Body Wash 5 day course Patient Instructions

1 **Wash your hands with soap and water before and after using the treatment**



2

Body Wash

Use once a day for 5 days.

Wet skin and apply the undiluted body wash to the whole body using your hands or a clean cloth.

Wash thoroughly, especially the armpits and groin, leave for 2 minutes and then rinse and dry.

Avoid contact with eyes and do not use internally.

Wash your hair with the body wash once during the five days.



3

Nasal ointment

Apply three times a day for five days.
Using clean hands, apply a match head sized blob of ointment onto your little finger and apply it to the inside of each nostril.
Pinch your nose to spread the ointment in your nostrils.

4 Change your clothing (day and night wear), towels, pillowcases and sheets daily during the five day course.



	Body Wash	Nasal Ointment		
	Daily	Morning	Afternoon	Evening
Day 1 -				
Day 2 -				
Day 3 -				
Day 4 -				
Day 5 -				

5 Use this chart to help make sure you complete the course.



compassionate care

If you have any comments about the service you have received you can contact:

the ward or department that issued the treatment on

_____

or if you have any comments about this leaflet you can contact :

The Infection Prevention Control Team
Calderdale Royal Hospital
Telephone No: 01422 222376

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਰ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਰੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو ھ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں.

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم المذكور أعلاه"

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