NHS
Calderdale and Huddersfield
NHS Foundation Trust

Paediatric Day Surgery Unit

Children going home after a Circumcision Operation



How long will it take my child to recover?

It will probably take your child 2 - 3 days to recover from the operation and 4 - 5 days for the skin to heal. It will be necessary to keep your child away from school and nursery for one week.

When you child returns to school or nursery, they should not go swimming for 14 days and not do P.E., contact sports or any rough play for another 4 weeks following surgery.



What should I do to help my child recover?

- Your child should rest today and gradually increase their activities as they seem able.
- Encourage your child to have lots of drinks as this will help your child to pass urine.
- Check if your child finds it difficult to pass urine. This may be because of worry or pain. A warm bath can help with pain relief.
- If you child has discomfort give Paracetamol / Ibuprofen.
  Make sure that you follow the instructions on the bottle or pack.
  A nurse will advise you on when and how often to give the medication.
- Keep the wound dry day of surgery.
- Until the stitches dissolve, give your child one bath a day to keep the wound area clean. Baths to start the day after surgery.
- Try to stop your child from touching the wound area.
  Don't worry about swelling and crusting of the wound. This is normal.
  But if there is excessive swelling or concerns regarding the wound you should seek medical advice.
- It is better for your child to wear loose or no clothes.

compassionate care

Is there anything to watch out for?

Some oozing around the operation area is common.
However, if there is persistent bleeding or if the oozing becomes thick, green or yellow, you should get medical advice.

Will my child need a follow-up appointment?

If your Consultant wishes to follow-up an outpatient appointment will be given before going home or one will be sent in the post.
Some patients may not require a follow-up appointment.

Paediatric Outreach

The Children's Community Nurses will contact you following surgery if you live in the Halifax/ Huddersfield area, otherwise contact your Practice Nurse.
Children's Community Team Tel:(01484) 342872

Remember:

If you have any problems over the weekend or require some advice, contact:

Children's Ward, Huddersfield Royal Infirmary Tel:(01484) 342482
After this please contact your family doctor.

If you have any comments about this leaflet or the service you have received you can contact :

Sister
Paediatric Day Surgery
Huddersfield Royal Infirmary
Telephone No. (01484) 342111

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obrat'te se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਰੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,

ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو
براہِ مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم المذكور أعلاه"