Children going home after dental surgery



How long will it take my child to recover?

It may take your child up to a week to recover fully from their operation. During this time your child should stay away from school or nursery. Make sure your child has things to do but allow for periods of rest. Your child should not participate in any sport or anything energetic for 24 hours to avoid the socket bleeding.



Is there anything I should be aware of?

Some slight oozing may occur but if there is bleeding, get your child to bite on a piece of gauze or tissue or a clean handkerchief, keeping the wad in place for 20 minutes. Stay with the child to ensure that the wad does not become dislodged, thereby causing a choking hazard. Repeat if necessary. If the socket continues to bleed please contact the Day Surgery Unit or Ward 3 on the numbers provided in this leaflet. If unable to contact Day Surgery or Ward 3 then please call NHS 111.

What about eating and drinking?

Give your child light meals and lots of fluids for a few days. Plenty of drinks and, after the first day, using mouthwashes after meals will help keep the mouth clean and speed up the healing.
please avoid mouthwashes and hot drinks for the first 24 hours as these may increase the risk of bleeding.

What if my child has some pain?

If your child has discomfort give Paracetamol and Ibuprofen. Follow the instructions on the bottle or pack. If the pain relief you have been advised to give is not helping the pain, please contact the Day Surgery Unit or Ward 3 for advice.

Brushing your childs teeth

You can start brushing your childs teeth as normal the day after surgery. This helps the socket to heal and prevents infection.

Will my child need another appointment?

Yes. You may be given an appointment before your child goes home or your child may be followed up at the dentists.

compassionate care

Please remember

If you have any problems within the first 48 hours, please contact:

☐	Children's Assessment Unit	Tel: (01422) 223277
☐	Day Surgery Unit	Tel: (01484) 342111
☐	Maxillofacial Unit	Tel: (01484) 342336
☐	Bradford Royal Infirmary Ask for Maxillofacial on call. (Out of hours and weekends)	Tel: (01274) 542200

If you have any comments about this leaflet or the service you have received you can contact :

Sister
Paediatric Day Surgery
Huddersfield Royal Infirmary
Telephone No. (01484) 342111

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obrat'te se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z www. danych kontaktowych

ਜੇ ਤੁਸੀਂ ਇਸ ਜਾਣਕਾਰੀ ਬਿਸੇ ਦੇਸ ਪ੍ਰਾਰੂਪ ਜਾਂ ਭਾਸਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਦੇ,
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو ي معلومات کسي اور فارمیٹ یا زبان مي ي درکار ہوں، تو
براۓ میہربانی مندرجہ بالا شعبے مي ي ہم سے رابطہ کریں.

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم المذكور أعلاه"