Calderdale and Huddersfield NHS Foundation Trust

Ophthalomolgy Department

Ocular Hypertension

Patient Sticker

Today's Date: Hospital Consultant:

You have been diagnosed with Ocular Hypertension and have been discharged from the hospital into The Community Ocular Hypertension Monitoring Scheme

Your chosen optician is _____

NICE guidelines state:

Increased eye pressure (ocular hypertension) can exsist without any damage to a persons sight. Ocular hypertension can increase the risk of someone developing glaucoma, but does not necessarily lead to glaucoma.
Glaucoma is the name for a group of eye disorders that involve damage to the optic nerve. People with glaucoma can lose their sight if their condition continues to get worse. The most common form of glaucoma is chronic open angle glaucoma. 'Chronic' means persistent or long standing, and 'open angle' refers to the drainage area of the eye where fluid (not the tears) normally leaves it. This form of glaucoma develops slowly and is often accompanied by increased pressure in the eye, although many people with glaucoma or suspected glaucoma have normal eye pressure.

compassionate care

In the early stages of ocular hypertension or glaucoma there are usually no symptoms. You will therefore be monitored regularly by your chosen optician for any changes.

Clinical information from today's appointment will be sent to your chosen optometrist.

They will send you a further appointment in 6 months time for ocular hypertension monitoring. Appointments will be annual thereafter.

You should continue to attend your regular optician for your routine eye test. Please inform your regular optician you are being seen as part of the Ocular Hypertension Monitoring scheme the next time you see them.

If you have any comments about this leaflet or the service you have received you can contact :

Consultant Ophthalmologist

Huddersfield Royal Infirmary Acre Mill
Telephone (01484) 343235

Calderdale Royal Hospital Telephone
(01422) 222414

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਰ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਰੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں.

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم المذكور أعلاه"

CHFT