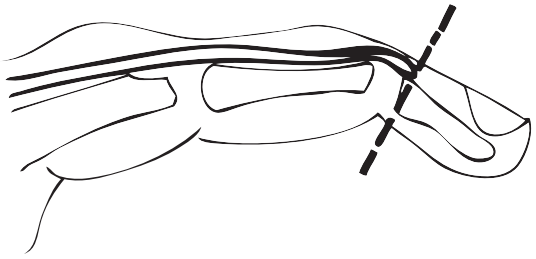
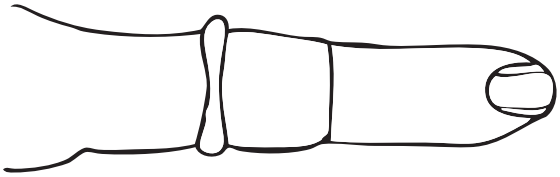
Orthopaedic Department

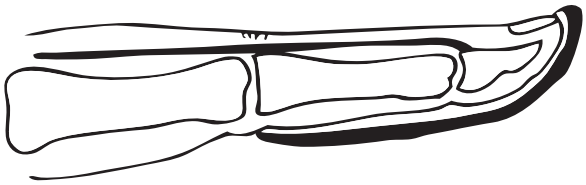
Mallet Splint Instructions



You have a condition known as a **"Mallet Finger"**. You have torn the extensor Tendon (Guider) that straightens the end joint of the finger.

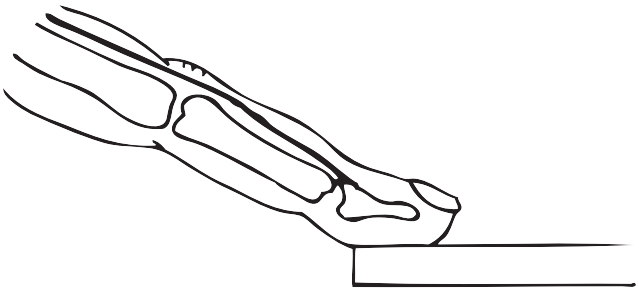


The tendon will heal without an operation providing you wear a splint **continuously** as advised by the doctor, usually for 6-8 weeks.



The splint holds the joint in slight hyperextension (the tip of the finger is pushed slightly upwards.)

Keep finger tip up



If for any reason you have to remove the splint e.g. Your finger has got wet or dirty, press the tip of your finger on the table while you remove and replace the splint.



You must keep the tip of the “Mallet Finger” up by using the thumb of the same hand to support it while you wash and dry the finger. Do not let the tip bend at any time or all the good work done by the splint will be undone, and the ‘droop’ of the finger may become permanent.

If you have any problems with the splint or with your finger e.g. Swelling, increased pain, numbness or tingling, it may be that the tape it too tight. If loosening of the tape brings no relief then please ring the Treatment Room.

Nursing Staff
Orthopaedic Department

Huddersfield Royal Infirmary
Telephone No 01484 342559

Opening Times
Monday - Friday
09.00am - 16.30pm

Out of Hours
Accident & Emergency
Halifax
Telephone No. 01422 223842
Or
Huddersfield
Telephone No. 01484 342020

If you have any comments about this leaflet or the service you have received you can contact :

Nursing Staff
Treatment Room
Orthopaedic Department

Huddersfield Royal Infirmary
Telephone No. 01484 342559

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪਾਰੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں.

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم المذكور أعلاه"