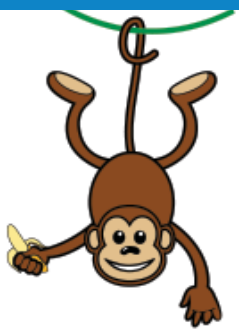
NHS
Calderdale and Huddersfield
NHS Foundation Trust

Prednisolone tablets for use in children



The prednisolone tablets that you have been given are 5mg tablets. Prednisolone is usually given once each day, in the morning with or after breakfast. Give the medicine at about the same time each day.



For your child give _____ tablets ONCE a day for _____ days.

Once your child's course of prednisolone has been completed any remaining tablets should be taken to a community pharmacy for safe disposal.

How to give prednisolone tablets

The dose of prednisolone is usually given **ONCE** a day in the morning with or after breakfast, **for example** a 20mg dose means that you give all four tablets together.

If your child can take tablets then give them the tablets to take with a small glass of water, milk or juice.

If they cannot swallow tablets then use the tablet crusher provided to crush all the tablets that make up the dose. The powder can be mixed with a small amount of soft food such as yogurt, jam, honey or mashed potato, or it can be mixed with undiluted cordial or squash to mask the taste. Make sure your child swallows it straight away without chewing.

Do not chew the tablets or disperse in water as they will taste unpleasant.

If you have any questions you can ask your ward nurse or pharmacist.

If you have any comments about this leaflet you can contact :

Pharmacy Department
Calderdale Royal Hospital Telephone No: 01422 224218
Huddersfield Royal Infirmary Telephone No: 01484 342422

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਰ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਰੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم المذكور أعلاه"

Trust Quality Information
CHFT

compassionate care

Leaflet No: cpha0020 v2 review date 10/20