Calderdale and Huddersfield NHS Foundation Trust

Pharmacy

Linezolid

Introduction

This leaflet has been prepared to give you more information about Linezolid. Read this alongside the Manufacturers Patient Information Leaflet. If you have any questions, or there is anything that is unclear, then ask your doctor or pharmacist to explain things to you.

Taking other medicines

Make sure you tell your doctor, pharmacist, dentist or nurse when you see them that you are taking linezolid.

Always check with your doctor or pharmacist before starting any new medicines. This includes medicines you can buy at a garage, newsagent, supermarket or chemist such as medicines for coughs, colds or flu and decongestants. It is particularly important to mention if you are taking antidepressants,

Linezolid requires special monitoring.

Why do I need regular blood tests?

If you are prescribed linezolid for more than a week, regular blood tests help your doctor to check if linezolid has changed the amount of different blood cells in your blood. Linezolid can reduce the production of blood cells, making you more susceptible to infections and anaemia. This type of side effect is uncommon. If you are being affected your treatment will be reviewed.

How will my blood be checked?

Your blood will be checked just before you start treatment and then will usually be checked weekly by a simple blood test.

	Date of Blood test
Baseline	
Week 1	
Week 2	
Week 3	
Week 4	
Week 5	
Week 6	

compassionate care

Where do I get further supplies?

This medicine can only be prescribed and dispensed in the hospital. A prescription may be dispensed in instalments to ensure that your blood test results have been done and you have no side effects. Once your blood test results have been checked you can collect a further supply of linezolid from your hospital Pharmacy.

Diet

Please **avoid** large amounts of the following foods because they contain a substance called tyramine that may increase your blood pressure. Do this while you are on Linezolid and for two days after completing treatment.

- mature or aged cheese
- yeast extracts (e.g. Marmite Bovril, Oxo)
- Soya bean products, soy sauce, tofu.
- Pickled herring, air dried, aged and fermented meat (salami, pepperoni)
- Banana peels, broad (fava) bean pods, sauerkraut
- More than 500g of dark chocolate
- Protein diet or other supplements containing tyramine
- Tap (draught) beer, non-pasteurised beer, including non-alcoholic beer
- Avoid all spoiled or improperly stored meat, poultry, fish, animal livers or game

Does Linezolid have any side effects?

All medicines have side effects. These may include:

- stomach upsets
- diarrhoea
- nausea or vomiting
- headaches
- skin rashes
- dizziness (do not drive or operate machinery if this happens)

Tell a doctor straight away if: You develop a severe headache, notice any unexplained bruising, problems with your eyesight or tingling in your hands and feet.

If you have any comments about this leaflet or the service you have received you can contact :

Antibiotic Pharmacist
Pharmacy Department Huddersfield Royal Infirmary
Telephone No: 01484 347123

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਕ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਰੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو
براۂے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم المذكور أعلاه"