NHS
Calderdale and Huddersfield
NHS Foundation Trust

Colorectal Nursing Team

Information for Patients with Bowel Dysfunction

The Colorectal nurses are involved in the care of clients with bowel dysfunction.

Aims of the Service

Provide assessment and information in an outpatient clinic.

- Offer an appropriate treatment plan and support alongside other members of the hospital team.
- You may be offered biofeedback as part of your treatment. This is simply an individualised programme of exercise to strengthen the back passage.
- Provide ongoing support and information.

All information will be confidential and given in private.

Information about Endo-Anal Ultrasound and Anal Physiology

This is a method of scanning the muscle structure in the back passage, using a finger-sized probe.

What is Anal Physiology

This is a method of assessing the function of the back passage, using a fine probe and computer images. You may wish to have a chaperone, this may be a family member or a friend or alternatively a member of staff.

How long will they take?

These investigations are painless but take approximately 45 minutes to complete. In some cases you will not require all the tests. This will be explained to you at the time of your appointment.

What preparation do I require?

You **DO NOT** require any Bowel preparation. You may eat and drink normally prior to the tests.

Can I drive home?

Yes. You will not require any sedation.

compassionate care

The service can offer a wide range of information including:

- Treatment options
- Bowel functions
- Dietary advice
- Skin care advice
- Practical management tips
- Other sources of information and support

You may be asked to complete a bowel symptom questionnaire and diary. If you have any concerns about this, please ask.

If you have any concerns or require further information, please contact:

Huddersfield Royal Infirmary
Telephone 01484 355602

We can be contacted: Monday to Friday 9.00am to 4.30pm
If we are unavailable, please leave a message.

If you have any comments about this leaflet or the service you have received you can contact :

The Colorectal Nursing Team at Huddersfield Royal Infirmary
Telephone No: 01484 355062
Bleep 895 via hospital switchboard

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਰੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم المذكور أعلاه"