Paediatric Day Surgery Unit

Children going home after a Hernia or Hydrocele Repair



How long will it take my child to recover?



- It may take your child up to a week to recover fully from their operation.
- During this time your child should stay away from school or nursery.
- Make sure your child has things to do but allow for periods of rest.
- On return to school, let the school know that your child should not do P.E. or join in rough games for three to four weeks.
- No swimming for four weeks until fully healed.

What if my child has some pain?

If your child has discomfort give Paracetamol or Ibuprofen. Follow the instructions on the bottle or pack. A nurse will advise you when and how often to give this medication.

What about the stitches?

- The wound from the operation has a light elastoplast dressing over it.
- The stitches are dissolvable. There may also be steristrips to the skin.
- **These need to be kept dry for 3 days**, then the steristrips can be soaked off in the bath.
- The wound does not need another dressing after bathing.
- No swimming for four weeks until fully healed.

Will my child need a follow-up appointment?

Your child may or may not need a follow up appointment depending on your consultant. This will be made before your child goes home or will be sent in the post.

compassionate care

Paediatric Outreach

The Children's Community Nurses will contact you the following week to offer advise or arrange visit if needed.

Remember:

If you have any problems over the weekend or require some advice, contact:

Children's Ward
Huddersfield Royal Infirmary
Tel: (01484) 342482

After this please contact your family doctor
or
Children's Community Team
Tel: (01484) 342872

If you have any comments about this leaflet or the service you have received you can contact :

Sister
Paediatric Day Surgery
Huddersfield Royal Infirmary
Telephone No. (01484) 342111

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obrat'te se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਰ ਤੁਸੀਂ ਇਸ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਰੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,

ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو
براۂے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم المذكور أعلاه"