Children's Services

Children going home after an Appendicectomy



How long will it take my child to recover?



- It may take your child 1-2 weeks to recover from their operation.
- During this time your child should stay away from school or nursery.
- Make sure your child has things to do but allow for periods of rest.
- Your child should refrain from strenuous activity (including bicycle riding for 4-6 weeks.
  On return to school, let the school know that your child should not do P.E. or join in rough games.

What if my child has some pain?

If your child has discomfort, give Paracetamol or Ibuprofen.

Follow the instructions on the bottle/pack.

What about the stitches?

The wound from the operation has a protective dressing over it.

The wound should be kept dry for a week after the operation.

The wound does not need to be re-covered after bathing.

The stitches are:

- ☐ 1- dissolvable.
- ☐ 2- dissolvable with steristrips to the skin (steristrips can be soaked off after 1 week).
- ☐ 3- need removing in 7-10 days.

A member of the children's community team will contact you at home following discharge.

compassionate care

Will my child need another appointment?

The medical staff will decide if an appointment is needed upon discharge. If so, this is usually within 4-6 weeks.

Please remember

If you have any problems within the first 24 hours, please contact:

Ward 4 Tel. (01484) 342482 Community Nursing Team Tel. (01484) 342872

After the first 24 hours please get in touch with your family doctor or 111 for advice if concerned.

If you have any comments about this leaflet or the service you have received you can contact :

Ward 4
Huddersfield Royal Infirmary
Telephone No. (01484) 342000 Extn 2482
or
Childrens Ward
Calderdale Royal Hospital
Telephone No (01422) 223277

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਜੇ ਤੁਸੀਂ ਇਸ ਜਾਣਕਾਰੀ ਬਿਸੇ ਚੋਜ ਪਾਰੂਪ ਜਾਂ ਭਾਸਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਬਿਜਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں.

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم المذكور أعلاه"