Women's Services

Large Loop Excision of the Transformation Zone LLETZ

Colposcopy Clinic

You have had a procedure called LLETZ (large loop excision of the transformation zone) to the cervix (neck of the womb).

This involves the removal of abnormal cells on the cervix using a loop of wire that is heated with an electrical current. This area is then treated with a ball electrode (heat) to stop any bleeding.

This treatment does not mean you have cancer but if left untreated these abnormal cells might develop into cancer in the future.

The healing process following LLETZ can differ from person to person. The cervix should heal completely within 4-6 weeks.

A vaginal discharge is usual for about 2-4 weeks and is part of the healing process.

However, should you experience heavy bleeding/clots or the discharge has an offensive smell, then you should contact us.

You may also experience some abdominal (stomach) pains after the treatment for which some pain relief may help.

We will write to you with the results of the LLETZ treatment. If you have not received a letter after 8 weeks following your procedure date then please contact us on the telephone number given.

Do's and Don'ts following treatment

- You can have a bath or shower as normal.
- You can return to work the following day if you feel well enough
- Avoid sexual intercourse for four weeks and until the discharge stops
- Use sanitary towels not tampons for four weeks and until the discharge stops
- Light exercise may resume the following day.

compassionate care

Please contact us for advice on anything you are not sure about or have any further questions on 01484 355792

- During your consultation today you may have been advised to try and give up smoking.
- Research clearly shows that smoking and abnormal smears are linked.
- We do understand that it can be very difficult to do and you may not be ready to give up
- However, stopping smoking is one of the most important things you can do for your own health and wellbeing.
- Most practice nurses at your GP's surgery can offer help.

If you have any comments about this leaflet or the service you have received you can contact :

Sister
Gynaecology Outpatient Department
Calderdale Royal Hospital
Telephone (01422) 222645

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਰੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو
براۂے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم المذكور أعلاه"