Calderdale and Huddersfield
NHS Foundation Trust

Ophthalmolgy Department

Instructions After Intra-Vitreal Injection Treatment (IVT)

A) During the course of multiple injections in the eye, few patients may come across either of these symptoms after some of their injections.

Problems within few hours of the injection	Why it happens?	What to do?
1. Bright redness in one corner or half of the eye	Blood vessel has burst open at the white part of the eye	1. Not to worry if vision not changed. 2. Redness may spread out more before disappearing completely. 3. May feel a bit of discomfort but no pain.
2. Grittiness 3. Feeling of sand in the eye 4. Watering of the eye	• All these can last a few hours up to a day after the injection • Prior to giving the injection, everyone needs number of eye drops within a short period of time. This can make the eye drier for a day or so	1. After reaching home, start lubricant eye drops every 1-2 hour till sleep time. 2. To minimise the discomfort you can obtain lubricating drops to help ease the discomfort 3. Rest the eye for a day as focusing may not be very clear. **4. If still in pain and vision is reduced significantly then contact eye clinic.** 5. It is advisable to start frequent lubricant eye drops a day before every clinic visit.

compassionate care

5. One or more black bubbles seen floating in front of the eye.	These are the trapped pockets of air in the medication syringe. These bubbles are inside the eye though appear to be outside.	1. Nothing to do if vision is not worse. 2. These black bubbles will disappear on their own in 24-48 hours.
6. Rice grain like floater may not disappear even after a few days.	Only seen in patients who are given Ozurdex or Illuvein injection	1. No treatment needed 2. This is the medication implant itself, can last from few months to a year.

B) It is advisable

- **Not to drive** immediately after the injection or clinic visit as you may have dilating eye drops in the eye.
- **Not to rub your eye** after the injection, as effect of numbing drops can last for an hour.
- **Not to use eye make up** for clinic visit to minimise risk of infection.
- **Not to swim** for 48 hours or till eye feels comfortable.

C) Please Contact Eye Clinic if one of the followings are seen:

1. **Drop in vision with increasing eye pain.**
2. **Sticky discharge or pus in the eye.**
3. **New episode of flashing lights or lots of new floaters.**
4. **Fixed shadow or curtain in the field of vision.**

Monday to Friday Daytime 9am to 5pm

Acre Mills Eye Clinic - HRI - 01484 343235 **OR**

Calderdale Eye Clinic - CRH - 01422 222414

After 5pm, on Weekends and on Bank holidays

Calderdale Eye Ward 8D - CRH - 01422 223820

If you have any comments about this leaflet or the service you have received you can contact :

Sister
Ophthalmology Department

Acre Mills Outpatients
Telephone (01484) 343235

or

Calderdale Royal Hospital
Telephone (01422) 222414

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obrat'te se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z www. danych kontaktowych

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ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو
براۓ مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم المذكور أعلاه"