Endoscopy Department

Urology Local Anaesthetic Having a Flexible Cystoscopy

Please bring a urine sample with you to your appointment

Urology Local Anaesthetic

Patient Name: _____

Hospital Number: _____

Arrangements have been made for you to be admitted to the Endoscopy Unit either Huddersfield Royal Infirmary or Calderdale Royal Hospital for your procedure.

Consultant: _____

Admission Date: _____

Admission Time: _____

Transport Arranged: _____

Urine Sample Required: _____

Please note, due to the confidentiality and dignity of other patients, we are unable to allow relatives on the ward to stay with you during your stay.

Please be aware, you may be at the hospital for at least a couple of hours.

compassionate care

Important:

Having a day procedure means that you complete your recovery at home instead of in hospital. It is therefore important that you follow the advice given by the doctor or nurse.

Getting ready for your visit to the hospital

√ You may eat and drink as normal prior to your admission.

√ You should take any tablets/medicines prescribed under medical advice as usual (diabetics should take their tablets as usual on the day of admission).

√ If you are having a flexible cystoscopy, you do not need to shave.

Do bring these items with you:

- A contact number for your relatives/friend.
- Any drugs, medicines, pills or inhalers.
- Do not bring any valuables, jewellery, bankbooks, mobiles phones, credit cards or large amounts of money with you, as we cannot be held responsible for them.

On the day of admission:

Report to the reception desk on the unit. The nurse allocated to look after you will explain to you what will happen during your stay.

Please refer to any additional information given to you relating to your procedure.

Having a Flexible Cystoscopy

Your doctor has advised you to have a flexible cystoscopy, to help find the cause of your symptoms. No special preparation is required for the test.

The cystoscopy is a thin flexible tube which is linked to a TV monitor. A cystoscopy enables the urethra and bladder to be examined.

When you arrive for your procedure a nurse will admit you, test your urine and ask you to get changed into a gown.

You will then have a discussion with the urologist doing your procedure following which they will then ask you to sign a consent form agreeing to the procedure.

Once in the procedure room you will be asked to lay flat on a trolley, sterile sheets will be arranged around your genitals and the endoscopist will clean this area. Anaesthetic jelly is inserted into the urethra, this lubricates and numbs the area. It is given a few minutes to work and then the thin flexible cystoscopy tube is inserted into the urethra and into the bladder. An image is displayed onto a monitor which you will be able to view.

Solution is run into the bladder via the tube to inflate the bladder to improve the views. The procedure takes a few minutes and might be slightly uncomfortable. A nurse will remain with you throughout the procedure.

On completion of the procedure the endoscopist will discuss with you the findings and any further treatment required.

You will then be taken back to recovery where you may get dressed and go home once you have passed urine.

After your Procedure

Once your procedure has been undertaken you will be able to leave the department once you have passed urine. The nurse responsible for your care will keep you informed of your recovery progress.

Following your procedure you may eat and drink as soon as you feel ready to do so.

Verbal and written information relevant to the procedure undertaken will be given to you prior to your discharge home.

If your relative needs to ring they should ring the hospital on:
Huddersfield Royal Infirmary 01484 342436
Calderdale Royal Hospital 01422 223920

If you have any worries after discharge, you may contact the Unit for advice on the above contact numbers between the hours of 8am and 6pm.

If any of your worries are urgent, you must contact your GP immediately outside of these hours.
If you need directions to the Endoscopy unit, please ask at main reception desk and you will be given instructions where the department is situated.

If you have any comments about this leaflet or the service you have received you can contact :

Matron
Old ward 3
Calderdale Royal Hospital
Telephone (01422)357171

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਜੇ ਤੁਸੀਂ ਇਸ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪਾਰੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں.

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم المذكور أعلاه"