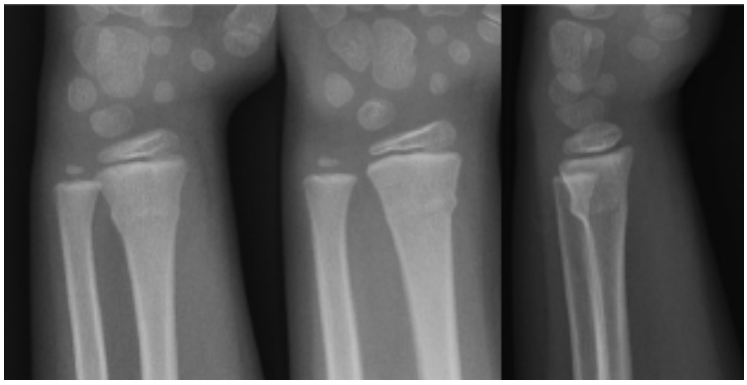
Orthopaedic Department

Discharge advice following a Torus 'Buckle' Fracture



Your child has suffered a 'Torus' or 'Buckle' fracture (Break).

This is the most common type of fracture in young children.

Young bone is still soft and very flexible. For this reason, of breaking all the way through, the bones has a small crack or kink on one side only.

This type of injury heals very well in a simple and easy to apply splint rather than a cumbersome plaster. Most of these injuries heal perfectly well if the splint is worn for **3 weeks.**

It is important to give your child appropriate doses of paracetamol or ibuprofen to help with the pain as it will still be sore for a short period even after the application of the splint.

The splints can be removed for bathing, showering without risk to the fracture.

If, after the 3 weeks the wrist is a little sore and stiff after being used, the splint can be reapplied for comfort. Do this for short periods only as it is best to try to start gently using the arm as normally as possible from now on. Use a simple painkiller such as paracetamol or ibuprofen if required.

However - if after 3 weeks the wrist still seems quite sore, swollen or the child is not willing to use it please bring the child back for review.

If the child removed the splint before the 3 weeks and appears to be comfortable and can use the arm freely then there is no reason to force them to wear the splint for the full 3 weeks.

It is best to avoid sports and rough and tumble play when wearing the splint and for a week or two after its removal.

compassionate care

Should you have any worries or concerns following discharge from hospital, please contact:

Fracture Clinic Helpline – 01484 342559

9.00am - 4.00pm, Monday to Friday

For urgent concerns contact the Emergency Department:

Huddersfield Royal Infirmary – 01484 342396

Calderdale Royal Hospital – 01422 222325

For non urgent queries please email: virtualfractureclinic@cht.nhs.uk

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If you have any comments about this leaflet or the service you have received you can contact :

Surgical Division Office
Huddersfield Royal Infirmary
Telephone No: 01484 347037

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਜੇ ਤੁਸੀਂ ਇਸ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪਾਰੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو
براہِ مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم المذكور أعلاه"