Orthopaedic Department

Joint Injections

Joint injections are also known as intra-articular injections.

- The drugs used are cortico steroids which act directly on the joint.
- The injection works by reducing the inflammation and relieving the pain.
- A local anaesthetic is given at the same time and relief is felt almost immediately as it begins to take effect, but as the anaesthetic wears off (in about 2-3 hours), it is not unusual to feel more pain initially. The pain should begin to ease within about 48 hours.
- During this time you may need pain killers e.g. Paracetamol.
- Relief of symptoms varies from person to person and the effect lasts for different lengths of time.
- Following your injection you should exercise the joint and try and use it as normal.

If you are worried please contact:

Treatment Room
Orthopaedic Outpatients

Calderdale Royal Hospital Telephone No: (01422) 223663
or
Huddersfield Royal Infirmary Telephone No: (01484) 342559

Opening Times

Monday - Friday
9.00am - 4.30pm

Out Of Hours

Accident and Emergency
Calderdale Royal Hospital Telephone No: (01422) 223842
or
Huddersfield Royal Infirmary Telephone No: (01484) 342020

compassionate care

If you have any comments about this leaflet or the service you have received you can contact :

Nursing Staff
Orthopaedic Department

Calderdale Royal Hospital
Telephone No: (01422) 223663

or

Huddersfield Royal Infirmary
Telephone No: (01484) 342559

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym fomacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z www. danych kontaktowych

ਜੇ ਤੁਸੀਂ ਇਸ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪਾਰੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو
براہِ مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم المذكور أعلاه"