Day Surgery

Care of your wound when you go home after minor surgery

About this leaflet

You will be given verbal advice before leaving hospital. This leaflet is to reinforce this and help prevent post-operative complications.

Looking after your wound

All wounds go through several stages of healing, and you may be able to see these changes as they progress:

- Clot formation.
- Formation of new blood vessels.
- Formation of new tissue.

The following often occur and are normal:

- A sensation such as tingling or slight itching.
- A slight lumpy feeling as the new tissue forms.
- Slight pulling around your stitches as the wound heals.
- Bruising around the site of the wound.

The stitches

Your surgical wound will have been closed in one of three ways:

☐ **Stitches.** These will be removed by _____

on at _____

☐ Dissolvable stitches - these will disintegrate over time (approx 2-3 weeks) and will not need to be removed.

☐ Steri-strips - these are strips of adhesive tape. They will fall off of their own accord.

compassionate care

The Dressing (Primapore)

- You will have some kind of dressing on your wound immediately after your operation. This is to help prevent infection. You may be given spares before you go home if you need them.

- Primapore is **NOT** a waterproof dressing so it is important that you do not get it wet for the first two days, you can remove it after this time (unless you are advised otherwise) and have a shower or bath, but avoid soaking in the bath.

- Avoid the use of scented soap, talc or bubble bath around your wound area as it can cause irritation.

- Ensure you carefully dry your wound after getting it wet by patting it gently with a clean towel.

- Do not touch the wound and do not pull off the scab as it protects the underlying tissue.

Possible Complications

If you experience any of the following it may be an indication of infection.

- Feeling hot and feverish.

- Redness around your wound.

- Offensive odour or discharge from the wound.

- Swelling around your wound.

These symptoms are uncommon but can be easily treated by your G.P or ring the

Day Surgery Unit
Huddersfield Royal Infirmary
or
Day Procedure Unit
Calderdale Royal Hospital

depending on where you had your procedure.

Bleeding

A small amount of oozing is normal. If it starts to bleed a lot, do not remove the dressing but apply pressure for 20 minutes.
If it does not settle contact one of the numbers on the next page.

Pain

Some pain, swelling and bruising is expected around your wound initially. It is recommended that you buy some pain killers before coming into hospital to use at home.

General Anaesthetic

Following a general anaesthetic you may feel tired for up to 4 days so you must not drive, operate machinery, sign legal documents or consume alcohol following surgery. You may return to work after 4 days if you feel fit (unless advised otherwise).

Remember

- Someone must collect you from the Day Surgery Unit/Day Procedure Unit and take you home.
- Someone must stay with you for 24 hours.
- You will not be able to drive yourself home.

If you have any questions or are worried at all please contact:

Day Surgery Unit on (01484) 342111
or
Day Procedure Unit on (01422) 223918

Alternatively you can speak to your family Doctor.

If you have any comments about this leaflet or the service you have received you can contact :

Day Surgery Unit
Huddersfield Royal Infirmary
Telephone No. (01484) 342111

Day Procedure Unit
Calderdale Royal Hospital
Telephone No (01422) 223918

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਰ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਰੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم المذكور أعلاه"

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