NHS
Calderdale and Huddersfield
NHS Foundation Trust

Ophthalmology Department

Removing your shield the morning after your procedure

1. You received a package during your discharge containing your eye drops, sterile water and sterile gauze.

2. Before opening this package thoroughly wash your hands.

3. Then once your hands are clean take your eye shield off.

4. Take out your sterile water pouring it onto the sterile white gauze making sure it is entirely covered.

5. Wipe your eye using one piece of gauze at a time. Starting at the inner comer of your eye moving in one outwards motion.

6. DO NOT USE THE SAME PIECE OF GAUZE MORE THAN ONCE.

7. Once your eye is clean your eye is ready for the drops.

8. When using multiple drops leave a few moments in-between application to make sure the other drops do not get washed out.

compassionate care

How to Use Eye Drops

1. When eye drops are not in use keep upright position with a tightened lid.
2. If your drops need REFRIGERTATING make sure to not freeze drops.
3. DO NOT let you bottle or the tip of the bottle touch your eye.
4. Some drops can make your eyes blurry; if so DO NOT DRIVE or operate heavy machinery until your eyes clear.

			Suggestion of time of day to take						
Name of Drop	How many times a Day	For how many weeks	Breakfast	Mid-morning	Lunch	Mid-afternoon	Teatime	Bedtime	Extra Information

If you have any comments about this leaflet or the service you have received you can contact :

Huddersfield Royal Infirmary Eye Clinic

Emergency Phone – 01484 343235

Calderdale Royal Infirmary Eye Clinic

Emergency Phone – 01422 222414

Monday – Friday 08:30 – 17:30

Out of hours to contact the on call ophthalmologist via the switchboard

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਰੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,

ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو
براہِ مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم المذكور أعلاه"