NHS
Calderdale and Huddersfield
NHS Foundation Trust

Joint Diabetes/Endocrine Antenatal Clinic

Which women attend this clinic?

Women who are pregnant with Diabetes and Endocrine conditions such as:

- Gestational Diabetes
- Type 1 Diabetes
- Type 2 Diabetes
- Thyroid conditions
- Pituitary conditions
- Parathyroid conditions

This is a multidisciplinary clinic often involving several healthcare professionals looking after you during your pregnancy. Some conditions may require frequent follow ups.

Which healthcare professionals are present?

HRI Team

- Dr Chetan Ruprai - Consultant Obstetrician
- Obstetric Registrar
- Carol Pinder - Midwife
- Rebecca Whiteley - Midwife
- Dr Haliza Haniff - Consultant in Diabetes and Endocrinology
- Dr Kavita Kulavarasalingam - Consultant in Diabetes and Endocrinology
- Diabetes and Endocrinology Registrar
- Jenny Berlonga & Philippa Taylor - Diabetes Specialist Nurse
- Vanessa Henry - Dietitian

CRH Team

- Dr Julie Goddard - Consultant Obstetrician
- Obstetric Registrar
- Carol Pinder - Midwife
- Rebecca Whiteley - Midwife
- Dr Julie Kyaw-Tun - Consultant in Diabetes and Endocrinology
- Dr Zulfiqar RazaZaidi - Consultant in diabetes and Endocrinology
- Diabetes and Endocrinology Registrar
- Raluca Gheorghe & Catherine O'Hara - Diabetes Specialist Nurse
- Mandy Stock / Emma Ward-Tilley - Dietitians

compassionate care

What to expect?

There may be times when you are only required to see one healthcare professional. There may be times when you are required to see several healthcare professionals in one clinic appointment. Therefore you may be asked to return to the waiting area in between different reviews. Regardless, it will still be just one appointment time given to you. Although this is likely to cause delay in being seen, we feel that this 'one-stop' appointment would be more convenient to have all the required checks on the same day. If you think you should be seeing a healthcare professional not specifically arranged on the day, please do not hesitate to ask about this.

Due to the multidisciplinary nature and complexity of this clinic, we have created a **'Before you leave checklist'.**

If relevant today:

- Have you seen an Obstetrician?
- Have you seen an Endocrinologist to review your Endocrine condition?
- Have you seen a Diabetes Consultant / Registrar or Diabetes Specialist Nurse to review your diabetes?
- If starting new insulin today, have you seen a Diabetes Specialist Nurse?

Women with Type 1 or Type 2 diabetes, BP and urine checks are required at every visit:

- Have you had your blood pressure checked?
- Have you had your urine tested? (please have a urine sample ready)

Follow up (where possible we try to join follow ups together, but it will depend on individual needs):

- Do you know when your next obstetric and / or scan is?
- Do you know when your next diabetes and / or endocrinology follow up is?

Women with diabetes, please remember to always bring your glucose diary book and meter, even if you think your appointment is only for an obstetric review

If you are not sure, please do ask.

If you have any comments about this leaflet or the service you have received you can contact :

Paula McMahon
ANC Manager
Tel: CRH 01422 224130

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਰੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,

ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉੱਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو ہی معلومات کسی اور فارمیٹ یا زبان ہی درکار ہوں، تو
براہے مہربانی مندرجہ بالا شعبے ہی ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم المذكور أعلاه"

CHFT