NHS
Calderdale and Huddersfield
NHS Foundation Trust

Integrated Medical Services

The Epilepsy Specialist Nurse

Introduction

Epilepsy is the most common serious neurological condition affecting approximately 600,000 people in the U.K.

Epilepsy can start at any age but most commonly starts in childhood and in the elderly.

Philosophy of care

Our nursing care is based on the belief that all patients, relatives and friends are individuals with their own cultural, social, personal and spiritual needs, which we will seek to respect, support and value.

As epilepsy specialist nurses, we will take opportunities to keep abreast of the changes and developments in current practice, maintain a broad range of skills ensuring appropriate use of resources and recognise that good communication, support and care are necessary to promote a sense of well being for patients and their families.

Our goal, as far as possible, is to enable each individual attain and maintain their optimum level of health and well being.

The Role of the Epilepsy Specialist Nurse

If you or a family member have been told that you have epilepsy, there will be lots of questions you may want to ask.

For example:

- What is epilepsy?
- How will it affect my life?
- Why have I developed epilepsy?
- Will I be taking drugs forever?

And possibly many more questions.

The role of the Nurse is to help, advise and support you through the maze of questions. She/he can also advise and educate friends, colleagues and employers about epilepsy and its management.

compassionate care

Information and Education about Epilepsy

The Epilepsy Specialist Nurse can spend time with you and your family either in the clinic or at your home, to discuss any issues you may have concerning epilepsy.

The Epilepsy Specialist Nurse can ensure you receive the appropriate information and education regarding a whole range of subjects related to your epilepsy.

- Driving
- First Aid / Safety
- Pregnancy
- SUDEP
- Employment
- Medication
- Alcohol
- Leisure activities
- Contraception
- Social Issues

The service is available to anyone with a diagnosis of Epilepsy. You may ask your GP or Consultant or other progessional to refer you.

If you would like more information or would like to speak to an Epilepsy Nurse please contact:

Epilepsy Nurse
Huddersfield via switchboard at Huddersfield Royal Infirmary Telephone (01484) 342000
or
Calderdale via switchboard at Calderdale Royal Hospital Telephone (01422) 357171

For further information you may like to contact:

Epilepsy Action 08088005050 **www.epilepsy.org.uk**
Helpline@epilepsy.org.uk

Epilepsy Society 01494 601400 **www.epilepsysociety.org.uk**
Helpline@epilepsysociety.org.uk

If you have any comments about this leaflet or the service you have received you can contact :

Epilepsy Nurse
Huddersfield Royal Infirmary Telephone (01484) 342118
or
Calderdale Royal Hospital Telephone (01422) 222568

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਰੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو ہی معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو
براہِ میہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم المذكور أعلاه"