MRSA screening

What is Staphylococcus aureus/ Menticillin-sensative staphylococcus aureus (MSSA)

Staphylococcus aureus is a common bacteria which many people carry on parts of their skin or in their noses without any symptoms or infections developing

What is Meticillin-resistant staphylococcus areus (MRSA)

Certain strains of Staphylococcus aureus are resistant to some antibiotics and are referred to as Meticillin-resistant Staphylococcus aureus (MRSA).

What types of symptoms are caused by MSSA / MRSA

These bacteria are often present as part of the normal skin flora; this is described as being colonised.

Both MSSA and MRSA can cause infections such as boils, abscesses, wound infections and respiratory tract infections

Swabs for MRSA

If you are to have a planned procedure, swabs will be taken from your nose groin and any wounds to check whether you may be colonised with MRSA. This used to be done at a pre-admission clinic, but in line with our new assessment process we are asking patients to do them at home themselves.

The swabbing process can be uncomfortable but should be painless and only takes a few seconds. The results will be available within a few days. If any bacteria is present on the skin the nurses will be in touch and will organize some treatment for you in order to reduce the number of micro-organisms..

This treatment usually involves:

- Applying antibacterial cream inside your nose 3 times a day for 5 days
- Washing with an antibacterial shampoo every day for 5 days
- Changing your towel, clothes and bedding every day during treatment – the resulting laundry should be washed separately from other people's and at a high temperature.

When you come into hospital on the day of your procedure you may be nursed in a side room as this reduces the risk to other patients. You may also be last on a mornings or afternoons list to allow the lab to be cleaned.

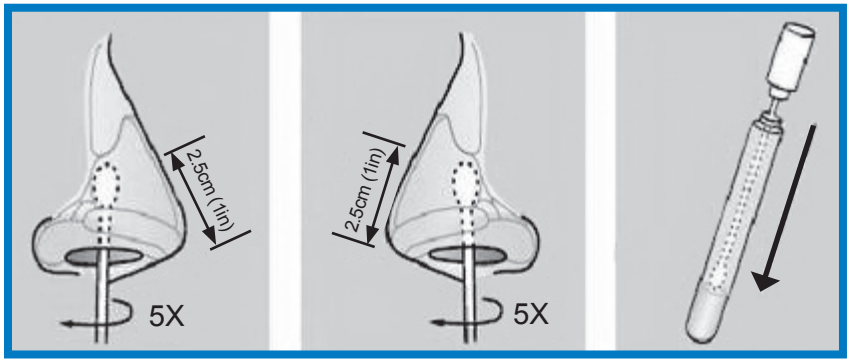
If you're not carrying MRSA, you will not be contacted and you should follow the instructions from the hospital as normal.

compassionate care

MRSA swab collection procedure

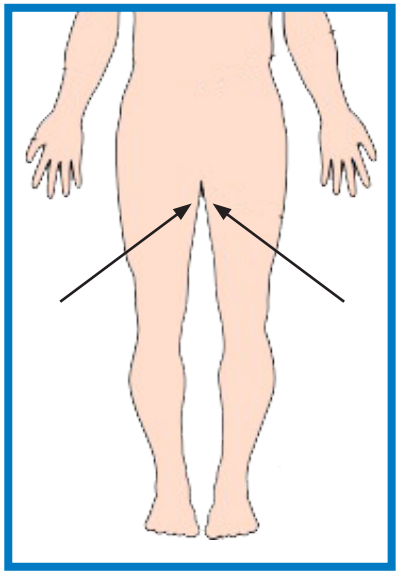
Mucosal surface (Nose)

- Take the first swab from the package.
- Gently rotate the swab around the inner surface of the nostril.
- Repeat on the other nostril using the same swab. Only one swab is necessary.
- Place the cotton tipped swab into the plastic tube with the culture media at the bottom.



Groin

- Take the second swab from the package.
- Rotate the swab gently but firmly over the area on each side of the groin. Only one swab is necessary.
- Place the cotton tipped swab into the plastic tube with the gel at the bottom.



Important - Specimen labelling and delivery:

- Ensure **full first and last names** and **date of birth** (dd/mm/yy) are clearly written on the specimen container.
- Ensure date and time of collection is written on the request form and specimen container.
- Ensure the **site** is written on the specimen container.
- Place the swabs and the request form in the blue packet.

When you attend your GP's, Huddersfield Royal Infirmary, Calderdale Royal Hospital for your blood taking please take your MRSA swabs and ask for them to be sent off with the bloods.

If you have any comments about this leaflet or the service you have received you can contact :

Diagnostic and Interventional Cardiology Sister
Calderdale Royal Hospital

Telephone: 01422 222082 or 224524
(Monday to Friday 8am to 5pm)

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਜੇ ਤੁਸੀਂ ਇਸ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਰੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو
براہِ مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم المذكور أعلاه"